



Alzheimer's
QUEENSLAND

AQ South Coast Multi Service Centre

**Providing a restorative and wellness approach
enabling older people to remain at home and
engaged within their communities**

24 hours, 7 days a week

An Approved Aged Care Provider



Operating from a beautiful, single-level, homelike cottage, our community-based AQ South Coast Multi Service Centre exudes comfort, familiarity and independence.

Our homes are suitable for all Older Australians, including people with a diagnosis of dementia, who are seeking opportunities for social and community engagement.

Centre-based respite & social support

Our respite services provide social interaction for our clients, and a break for their carers. Our clients participate in social and wellness activities, small group outings, community functions and local clubs, all tailored to meeting the interests of each individual.

We also offer our clients assistance with shopping and medication management.

Accessed hourly or daily, our flexible service offering provides opportunities for weekend, early morning, and evening respite.

Overnight & emergency respite

Families may access respite for up to a week. All meals and activities are provided through our Centre, and can be arranged at relatively short notice.

Domestic assistance

Our domestic assistance services provide tailored support and care to individuals from the comfort of their home, allowing them to enjoy the best quality of life, and remain independent, for as long as possible.



In-home respite & personal care

We can provide a companion in the comfort of a client's own home for a short period of time while the carer takes a break. Personal hygiene, dressing or meal preparation can also be provided by one of our highly qualified staff.

Allied health

Funded allied health services, such as at home occupational therapy, physiotherapy, podiatry and speech therapy are available to clients in the local area and aim to maintain, or restore wellness and independence.

Home care package

With an ACAT assessment, a package can be provided according to the needs of each individual.

Services include:

- ✔ Nursing
- ✔ Personal support
- ✔ Domestic assistance
- ✔ Medication prompts
- ✔ Meal preparation
- ✔ Social support
- ✔ General maintenance
- ✔ Gardening
- ✔ Wellness
- ✔ Reablement

Residential

AQ own and operate several beautiful aged care residences. When the time is right to look at this option, please contact us to discuss any questions you may have.



Carer education & support

We run Carer Support Group Meetings, offering carers a valuable way to obtain information and receive support from staff, guest speakers and other carers. We also provide library services, education and information sessions, telephone support groups and a 24/7 Dementia Help Line – 1800 639 331.

Referrals

We accept referrals from family or friends, medical practitioners, nurses and any other members of the community. AQ can support you through the process to obtain a My Aged Care referral.

Fees

As per Government guidelines, most services under the Commonwealth Home Support Programme (CHSP) incur client contribution. Client contribution is determined based on service type, service day and time.

Additional AQ services

We understand you or your loved one's needs may change over time, and you can contact us to discuss other options including home care packages, residential services and more.



Contact Us

90 Allied Drive,
Arundel QLD 4214

07 5613 1844 or 1800 639 331

intaketeam@alzqld.org.au