

## HCP Client Care Plan

### CLIENT DETAILS

Full Name:	Preferred Name:
Date of Birth:	Gender:      Male      Female      Other
Address:	
Phone Number:	Mobile Number:
Email:	

### CLIENT REPRESENTATIVE DETAILS

Full Name:	Relationship:
Address:	
Phone Number:	Mobile Number:
Email:	

### CASE MANAGER DETAILS

Case Manager Name:	Phone Number:
Home Care Package Level:      Level 1      Level 2      Level 3      Level 4	
Date of Care Plan:	Review Date:

### MEDICAL AND HEALTH NEEDS

Doctor Name:	Practice Name:
Address:	
Phone Number:	Email:
Preferred Hospital:	
Chemist/Pharmacy:	
Phone Number:	
Medical Conditions/Diagnosis:	

<b>Medications:</b> Morning      Noon      Night
Client Medication Assessment Completed:      Yes      No      N/A      Date:
Completed by:

<b>Allergies</b>	
<b>Alerts</b>	
<b>Dignity of Risk</b>	

**IN THE EVENT OF AN EMERGENCY PLEASE CONTACT 000 FOLLOWED BY MY CONTACTS OUTLINED BELOW**

Contact One:

Contact Two:

Phone:

Phone:

**PLAN FOR NON-RESPONSE TO A SCHEDULED VISIT**

Repeat Knocking

Call Contacts Above

Call Client

Contact Police

Contact Neighbour

Access via Key Safe

Other:

Key Safe Code:

**LIFESTYLE AND ACTIVITIES**

Lifestyle Assessment?

Yes

No

N/A

Date:

Completed by:

Lifestyle Choices, Cultural and/or Religious Needs:

Hobbies & Interests:

Short Term Goals & Action by Service:

Long Term Goals & Action by Service:

**COMPLEX HEALTH CARE NEEDS** *(select all that apply)*

Diabetes

Pain

Modified Diet

Fragile Skin

Respiratory Condition

Heart Condition

Complex Wound Care

Other

Management Plan:

Hospital Admissions in past 12 months?		Yes	No	<i>If yes, provide details below</i>	
Falls in past 6 months?		Yes	No	<i>If yes, provide details below</i>	
FRAT Assessment Completed?		Yes	No	N/A	Date:
Completed by:					
<b>MOBILITY</b>					
Mobility Assessment Completed?		Yes	No	N/A	Date:
Completed by:					
4 Wheel Walker		Walking Stick		Wheelchair	
Nil Walking Aids		Independently Mobile		Other	
If other, specify:					
Level of Assistance:					
Transfers:					
Stairs:					
Additional Comments:					
<b>COGNITIVE STATUS</b>					
PAS Assessment?		Yes	No	N/A	Date:
Completed by:					
Confusion:		Mild	Moderate	Severe	Variable
Orientated:		Person	Place	Date	Time of Day
Memory Difficulties:		Short Term		Long Term	
Insight into Difficulties:		Yes	No		
Requires Additional Cognitive Assessment:		Yes	No		
<b>EMOTIONAL AND PSYCHOSOCIAL</b> ( <i>select all that apply</i> )					
Anxiety		Aggression		Delusion	
Hoarding		Sexually inappropriate behaviour		Restlessness/Agitation	
Hallucinations		Refusal of care		Wandering	
Other, please specify					

Behaviour/Triggers:

Management Plan:

**PERSONAL CARE SUPPORT**

Hygiene Assessment?      Yes      No      N/A      Date:

Completed by:

Skin Integrity Assessment?      Yes      No      N/A      Date:

Completed by:

**Showering** – when showering I require someone to *(select which applies)*

Assist                      Supervise                      Set-up                      Independent

Preferred Time:      AM      PM

**Dressing** – when dressing I require someone to *(select which applies)*

Assist                      Supervise                      Set-up                      Independent

Please assist me to:      Select/Change      Put on/Take off      Fasten (zips/clasps)

Comments:

**Grooming** – when attending to my personal grooming I require someone to *(select which applies)*

Assist                      Supervise                      Set-up                      Independent

Please assist me to:      Shave                      Style my hair                      Apply make-up

Comments:

**CONTINENCE SUPPORT**

When attending to my toileting needs, I require someone to *(select which applies)*

Assist                      Supervise                      Set-up                      Independent

Urinary Incontinence                      Bowel incontinence                      Toileting Program

Continence Aids (Pads)                      Catheter

Comments:

**NUTRITIONAL SUPPORT**

Dietary Assessment?	Yes	No	N/A	Date:
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Completed by:

When attending to my dietary needs, I require someone to *(select which applies)*

Assist	Supervise	Set-up	Independent
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Likes:

Dislikes:

**ORAL HYGIENE**

Oral Hygiene Management Plan?	Yes	No	N/A	Date:
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Completed by:

When attending to my oral hygiene needs, I require someone to *(select which applies)*

Assist	Supervise	Set-up	Independent
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Dentures:      Yes      No      If yes, please specify below

Full Denture	Partial - Top	Partial - Bottom
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Comments:

**SENSORY LOSS**

Vision:	Normal	Impaired	Glasses required:	Yes	No
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Hearing:	Normal	Impaired	Hearing aids:	Yes	No
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Comments:

<b>COMMUNICATION</b>			
Primary Language:		Other Language/s:	
Coherent/Clear	Jumbled	Reduced Content	
Word Finding Difficulty	Converses with Others	Able to Communicate Effectively	
Able to communicate needs effectively?		Yes	No
Follows conversations	Follows simple/short instructions	Comprehends written instructions	
Comments:			
<b>INSTRUMENTAL ACTIVITIES OF DAILY LIVING</b>			
Cleaning:	Dependent	Assisted	Independent
Cooking/Meal Preparation:	Dependent	Assisted	Independent
Gardening:	Dependent	Assisted	Independent
Laundry:	Dependent	Assisted	Independent
Transportation:	Dependent	Assisted	Independent
Shopping:	Dependent	Assisted	Independent
Do you have a Disability Parking Permit?	Yes	No	N/A
Do you have a Companion Card	Yes	No	N/A
If no, would you like assistance to apply?	Yes	No	N/A
Comments:			

**PACKAGE PURCHASES:**

1. Item Purchased:	Date:
Purchased From (Supplier):	
Value: \$	
Description:	
2. Item Purchased:	Date:
Purchased From (Supplier):	
Value: \$	
Description:	
3. Item Purchased:	Date:
Purchased From (Supplier):	
Value: \$	
Description:	

**GOALS**

Area of Concern	Interventions/Strategies to achieve	Person Responsible	Review of Goals

<b>REQUESTED SERVICES</b>				
On the following day/s:	Monday Friday	Tuesday Saturday	Wednesday	Thursday
I would like assistance with:				
On the following day/s:	Monday Friday	Tuesday Saturday	Wednesday Sunday	Thursday
I would like assistance with:				
On the following day/s:	Monday Friday	Tuesday Saturday	Wednesday Sunday	Thursday
I would like assistance with:				
On the following day/s:	Monday Friday	Tuesday Saturday	Wednesday Sunday	Thursday
I would like assistance with:				
On the following day/s:	Monday Friday	Tuesday Saturday	Wednesday Sunday	Thursday
I would like assistance with:				



**MY INVOLVMENT AND CONTROL**

I have full authority to make decisions:                      Yes                      No

I require \_\_\_\_\_ to participate in making decisions.

\_\_\_\_\_ as the appointed representative will make decisions.

Budget supplied	Yes	No			
Enduring power of attorney	Yes	No	Copy received	Yes	No
Enduring Guardianship	Yes	No	Copy received	Yes	No
Advance Care Directive	Yes	No	Copy received	Yes	No

I would like the following people present at my review:

Name	Relationship
1.	
2.	
3.	

**CARER PROFILE**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Carer Overview (*History, Roles, Social Activities, Interests, Social Support etc.*)

Availability of informal support to support carer:                      Yes                      No

Are other services used to support carer/client?:                      Yes                      No

Is the care recipient's health deteriorating?:                      Yes                      No

Is the caring role sustainable?:                      Yes                      No

Are there other demands on the carer?:                      Yes                      No

Provide Details:

I hereby acknowledge that I am a partner:

- who has choice and flexibility in the way care and services are provided to me, based on my assessed need, which will assist me to achieve my agreed goals documented in this Care Plan;
- who has an understanding of the role of my Case Manager/Coordinator and the services and support I will be receiving;
- that received information about how my care fees and costs are calculated as stated in my Home Care Agreement
- who has been involved in the creation of my budget and understand the costs associated with my package and that I will receive a written monthly statement of available funds and expenditure.

I hereby agree to:

- receive the services as negotiated in this Care Plan and acknowledge that it has been reviewed according to my needs;
- contributing to the administration of my package;
- consult with my Case Manager/Coordinator if changes need to be made to services and Care Plan.

**ASSESSMENT COMPLETION**

Coordinator Name:	Date:
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Coordinator Signature:

Client Name:	Date:
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Client Signature:

Client Representative Name:	Date:
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Client Representative Signature:

**Review One (1 month)**

Review Completed By:	Date:
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Staff Signature:	Role:
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Client Name:	Date:
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Client Signature:

Client Representative Name:	Date:
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Client Representative Signature:

Comments:

**Review Two (6 months)**

Review Completed By:	Date:
Staff Signature:	Role:
Client Name:	Date:
Client Signature:	
Client Representative Name:	Date:
Client Representative Signature:	
Comments:	