

## HCP Client Care Plan

### CLIENT DETAILS

Full Name:	Preferred Name:
Date of Birth:	Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Other
Address:	
Phone Number:	Mobile Number:
Email:	

### CLIENT REPRESENTATIVE DETAILS

Full Name:	Relationship:
Address:	
Phone Number:	Mobile Number:
Email:	

### CASE MANAGER DETAILS

Case Manager Name:	Phone Number:
Home Care Package Level: <input type="checkbox"/> Level 1 <input type="checkbox"/> Level 2 <input type="checkbox"/> Level 3 <input type="checkbox"/> Level 4	
Date of Care Plan:	Review Date:

### MEDICAL AND HEALTH NEEDS

Doctor Name:	Practice Name:
Address:	
Phone Number:	Email:
Preferred Hospital:	
Chemist/Pharmacy:	
Phone Number:	
Medical Conditions/Diagnosis:	

<b>Medications:</b> <input type="checkbox"/> Morning <input type="checkbox"/> Noon <input type="checkbox"/> Night	
Client Medication Assessment Completed: <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A	Date:
Completed by:	

<b>Allergies</b>	
<b>Alerts</b>	
<b>Dignity of Risk</b>	

**IN THE EVENT OF AN EMERGENCY PLEASE CONTACT 000 FOLLOWED BY MY CONTACTS OUTLINED BELOW**

Contact One:	Contact Two:
Phone:	Phone:

**PLAN FOR NON-RESPONSE TO A SCHEDULED VISIT**

<input type="checkbox"/> Repeat Knocking	<input type="checkbox"/> Call Contacts Above	<input type="checkbox"/> Call Client
<input type="checkbox"/> Contact Police	<input type="checkbox"/> Contact Neighbour	<input type="checkbox"/> Access via Key Safe
<input type="checkbox"/> Other:	Key Safe Code:	

**LIFESTYLE AND ACTIVITIES**

Lifestyle Assessment? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A	Date:
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Completed by:

Lifestyle Choices, Cultural and/or Religious Needs:

Hobbies & Interests:

Short Term Goals & Action by Service:

Long Term Goals & Action by Service:

**COMPLEX HEALTH CARE NEEDS** *(select all that apply)*

<input type="checkbox"/> Diabetes	<input type="checkbox"/> Pain	<input type="checkbox"/> Modified Diet
<input type="checkbox"/> Fragile Skin	<input type="checkbox"/> Respiratory Condition	<input type="checkbox"/> Heart Condition
<input type="checkbox"/> Complex Wound Care	<input type="checkbox"/> Other	

Management Plan:

Hospital Admissions in past 12 months?  Yes  No *If yes, provide details below*

Falls in past 6 months?  Yes  No *If yes, provide details below*

FRAT Assessment Completed?  Yes  No  N/A | Date:

Completed by:

**MOBILITY**

Mobility Assessment Completed?  Yes  No  N/A | Date:

Completed by:

- |   |   |                                     |
|---|---|-------------------------------------|
| <input type="checkbox"/> 4 Wheel Walker   | <input type="checkbox"/> Walking Stick        | <input type="checkbox"/> Wheelchair |
| <input type="checkbox"/> Nil Walking Aids | <input type="checkbox"/> Independently Mobile | <input type="checkbox"/> Other      |

If other, specify:

Level of Assistance:

Transfers:

Stairs:

Additional Comments:

**COGNITIVE STATUS**

PAS Assessment?  Yes  No  N/A | Date:

Completed by:

- |   |                                     |                                    |                                      |
|---|-------------------------------------|------------------------------------|--------------------------------------|
| Confusion: <input type="checkbox"/> Mild    | <input type="checkbox"/> Moderate   | <input type="checkbox"/> Severe    | <input type="checkbox"/> Variable    |
| Orientated: <input type="checkbox"/> Person | <input type="checkbox"/> Place      | <input type="checkbox"/> Date      | <input type="checkbox"/> Time of Day |
| Memory Difficulties:                        | <input type="checkbox"/> Short Term | <input type="checkbox"/> Long Term |                                      |

Insight into Difficulties:  Yes  No

Requires Additional Cognitive Assessment:  Yes  No

**EMOTIONAL AND PSYCHOSOCIAL** *(select all that apply)*

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Anxiety                      | <input type="checkbox"/> Aggression                       | <input type="checkbox"/> Delusion               |
| <input type="checkbox"/> Hoarding                     | <input type="checkbox"/> Sexually inappropriate behaviour | <input type="checkbox"/> Restlessness/Agitation |
| <input type="checkbox"/> Hallucinations               | <input type="checkbox"/> Refusal of care                  | <input type="checkbox"/> Wandering              |
| <input type="checkbox"/> Other, <i>please specify</i> |   |   |

Behaviour/Triggers:

Management Plan:

**PERSONAL CARE SUPPORT**

 Hygiene Assessment?     Yes     No     N/A    Date:

Completed by:

 Skin Integrity Assessment?  Yes     No     N/A    Date:

Completed by:

**Showering** – when showering I require someone to *(select which applies)*
 Assist                       Supervise                       Set-up                       Independent

 Preferred Time:     AM             PM

**Dressing** – when dressing I require someone to *(select which applies)*
 Assist                       Supervise                       Set-up                       Independent

 Please assist me to:     Select/Change     Put on/Take off     Fasten (zips/clasps)

Comments:

**Grooming** – when attending to my personal grooming I require someone to *(select which applies)*
 Assist                       Supervise                       Set-up                       Independent

 Please assist me to:     Shave                       Style my hair                       Apply make-up

Comments:

**CONTINENCE SUPPORT**

 When attending to my toileting needs, I require someone to *(select which applies)*
 Assist                       Supervise                       Set-up                       Independent

 Urinary Incontinence                       Bowel incontinence                       Toileting Program

 Continence Aids (Pads)                       Catheter

Comments:

**NUTRITIONAL SUPPORT**

 Dietary Assessment?     Yes     No     N/A

Date:

Completed by:

 When attending to my dietary needs, I require someone to *(select which applies)*
 Assist

 Supervise

 Set-up

 Independent

Likes:

Dislikes:

**ORAL HYGIENE**

 Oral Hygiene Management Plan?     Yes     No     N/A

Date:

Completed by:

 When attending to my oral hygiene needs, I require someone to *(select which applies)*
 Assist

 Supervise

 Set-up

 Independent

 Dentures:     Yes     No    If yes, please specify below

 Full Denture

 Partial - Top

 Partial - Bottom

Comments:

**SENSORY LOSS**

 Vision:     Normal     Impaired

 Glasses required:     Yes     No

 Hearing:     Normal     Impaired

 Hearing aids:     Yes     No

Comments:

<b>COMMUNICATION</b>			
Primary Language:		Other Language/s:	
<input type="checkbox"/> Coherent/Clear	<input type="checkbox"/> Jumbled	<input type="checkbox"/> Reduced Content	
<input type="checkbox"/> Word Finding Difficulty	<input type="checkbox"/> Converses with Others	<input type="checkbox"/> Able to Communicate Effectively	
Able to communicate needs effectively? <input type="checkbox"/> Yes <input type="checkbox"/> No			
<input type="checkbox"/> Follows conversations	<input type="checkbox"/> Follows simple/short instructions	<input type="checkbox"/> Comprehends written instructions	
Comments:			
<b>INSTRUMENTAL ACTIVITIES OF DAILY LIVING</b>			
Cleaning:	<input type="checkbox"/> Dependent	<input type="checkbox"/> Assisted	<input type="checkbox"/> Independent
Cooking/Meal Preparation:	<input type="checkbox"/> Dependent	<input type="checkbox"/> Assisted	<input type="checkbox"/> Independent
Gardening:	<input type="checkbox"/> Dependent	<input type="checkbox"/> Assisted	<input type="checkbox"/> Independent
Laundry:	<input type="checkbox"/> Dependent	<input type="checkbox"/> Assisted	<input type="checkbox"/> Independent
Transportation:	<input type="checkbox"/> Dependent	<input type="checkbox"/> Assisted	<input type="checkbox"/> Independent
Shopping:	<input type="checkbox"/> Dependent	<input type="checkbox"/> Assisted	<input type="checkbox"/> Independent
Do you have a Disability Parking Permit?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> N/A
Do you have a Companion Card	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> N/A
If no, would you like assistance to apply?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> N/A
Comments:			

**PACKAGE PURCHASES:**

1. Item Purchased:	Date:
Purchased From (Supplier):	
Value: \$	
Description	
2. Item Purchased:	Date:
Purchased From (Supplier):	
Value: \$	
Description	
3. Item Purchased:	Date:
Purchased From (Supplier):	
Value: \$	
Description	

**GOALS**

Area of Concern	Interventions/Strategies to achieve	Person Responsible	Review of Goals

**REQUESTED SERVICES**

On the following day/s:       Monday       Tuesday       Wednesday       Thursday  
     Friday       Saturday       Sunday

I would like assistance with:

On the following day/s:       Monday       Tuesday       Wednesday       Thursday  
     Friday       Saturday       Sunday

I would like assistance with:

On the following day/s:       Monday       Tuesday       Wednesday       Thursday  
     Friday       Saturday       Sunday

I would like assistance with:

On the following day/s:       Monday       Tuesday       Wednesday       Thursday  
     Friday       Saturday       Sunday

I would like assistance with:

On the following day/s:       Monday       Tuesday       Wednesday       Thursday  
     Friday       Saturday       Sunday

I would like assistance with:



**MY INVOLVMENT AND CONTROL**

 I have full authority to make decisions  Yes  No

I require \_\_\_\_\_ to participate in making decisions.

\_\_\_\_\_ as the appointed representative will make decisions.

 Budget supplied  Yes  No

 Enduring power of attorney  Yes  No Copy received  Yes  No

 Enduring Guardianship  Yes  No Copy received  Yes  No

 Advance Care Directive  Yes  No Copy received  Yes  No

I would like the following people present at my review:

Name	Relationship
1.	
2.	
3.	

**CARER PROFILE**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

 Carer Overview (*History, Roles, Social Activities, Interests, Social Support etc.*)

 Availability of informal support to support carer:  Yes  No

 Are other services used to support carer/client?:  Yes  No

 Is the care recipient's health deteriorating?:  Yes  No

 Is the caring role sustainable?:  Yes  No

 Are there other demands on the carer?:  Yes  No

Provide Details:

I hereby acknowledge that I am a partner:

- who has choice and flexibility in the way care and services are provided to me, based on my assessed need, which will assist me to achieve my agreed goals documented in this Care Plan;
- who has an understanding of the role of my Case Manager/Coordinator and the services and support I will be receiving;
- that received information about how my care fees and costs are calculated as stated in my Home Care Agreement
- who has been involved in the creation of my budget and understand the costs associated with my package and that I will receive a written monthly statement of available funds and expenditure.

I hereby agree to:

- receive the services as negotiated in this Care Plan and acknowledge that it has been reviewed according to my needs;
- contributing to the administration of my package;
- consult with my Case Manager/Coordinator if changes need to be made to services and Care Plan.

**ASSESSMENT COMPLETION**

Coordinator Name:	Date:
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Coordinator Signature:

Client Name:	Date:
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Client Signature:

Client Representative Name:	Date:
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Client Representative Signature:

**Review One (1 month)**

Review Completed By	Date:
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Staff Signature:	Role:
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Client Name:	Date:
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Client Signature:

Client Representative Name:	Date:
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Client Representative Signature:

Comments:

<b>Review Two (6 months)</b>	
Review Completed By:	Date:
Staff Signature:	Role:
Client Name:	Date:
Client Signature:	
Client Representative Name:	Date:
Client Representative Signature:	
Comments:	