

## CHSP Client Care Plan

**CLIENT DETAILS**

Full Name:	Preferred Name:
Date of Birth:	Gender:      Male      Female      Other
Address:	
Phone Number:	Mobile Number:
Email:	

**CLIENT REPRESENTATIVE DETAILS**

Full Name:	Relationship:
Address:	
Phone Number:	Mobile Number:
Email:	

**CLIENT COORDINATOR DETAILS**

Coordinator Name:	Phone Number:
ACAT Assessment:      Yes      No	MAC Referral Number:
Date of Care Plan:	Review Date:

**MEDICAL AND HEALTH NEEDS**

Doctor Name:	Practice Name:
Address:	
Phone Number:	Email:
Preferred Hospital:	
Chemist/Pharmacy:	
Phone Number:	
Medical Conditions/Diagnosis:	
Hospital Admissions in past 12 months?      Yes      No <i>If yes, provide details below</i>	
Falls in past 6 months?      Yes      No <i>If yes, provide details below</i>	

FRAT Assessment Completed?	Yes	No	N/A	Date:
Completed by:				
<b>Medications:</b>	Morning	Noon	Night	
Client Medication Assessment Completed:	Yes	No	N/A	Date:
Completed by:				
<b>Allergies</b>				
<b>Alerts</b>				
<b>Dignity of Risk</b>				
<b>IN THE EVENT OF AN EMERGENCY PLEASE CONTACT 000 FOLLOWED BY MY CONTACTS OUTLINED BELOW</b>				
Contact One:			Contact Two:	
Phone:			Phone:	
<b>PLAN FOR NON-RESPONSE TO A SCHEDULED VISIT</b>				
Repeat Knocking	Call Contacts Above	Call Client		
Contact Police	Contact Neighbour	Access via Key Safe		
Other:	Key Safe Code:			
<b>EMOTIONAL AND PSYCHOSOCIAL CONCERNS</b> <i>(select all that apply)</i>				
Anxiety	Aggression	Delusion		
Hoarding	Sexually inappropriate behaviour	Restlessness/Agitation		
Hallucinations	Refusal of care	Wandering		
Other, <i>please specify</i>				
Behaviour/Triggers:				
Management Plan:				
<b>COMMUNICATION</b>				
Primary Language:			Other Language/s:	
Coherent/Clear	Jumbled	Reduced Content		
Word Finding Difficulty	Converses with Others	Able to Communicate Effectively		
Able to communicate needs effectively?	Yes	No		

Follows conversations	Follows simple/short instructions	Comprehends written instructions		
Additional Comments:				
<b>MOBILITY</b>				
Mobility Assessment Completed?	Yes	No	N/A	Date:
Completed by:				
4 Wheel Walker	Walking Stick	Wheelchair		
Nil Walking Aids	Independently Mobile	Other		
If other, specify:				
Level of Assistance:				
Transfers:				
Stairs:				
Additional Comments:				
<b>COMPLEX HEALTH CARE NEEDS</b> <i>(select all that apply)</i>				
Diabetes	Pain	Modified Diet		
Fragile Skin	Respiratory Condition	Heart Condition		
Other				
Management Plan:				
<b>COGNITIVE STATUS</b>				
PAS Assessment?	Yes	No	N/A	Date:
Completed by:				
Confusion:	Mild	Moderate	Severe	Variable
Orientated:	Person	Place	Date	Time of Day
Memory Difficulties:	Short Term		Long Term	
Insight into Difficulties:	Yes	No		
Requires Additional Cognitive Assessment:	Yes	No		

Comments:

**SENSORY LOSS**

Vision:	Normal	Impaired	Glasses required:	Yes	No
Hearing:	Normal	Impaired	Hearing aids:	Yes	No

Comments:

**LIFESTYLE AND ACTIVITIES**

Lifestyle Assessment?      Yes      No      N/A      Date:

Completed by:

Lifestyle Choices, Cultural and/or Religious Needs:

Hobbies &amp; Interests:

Short Term Goals:

Long Term Goals:

**PERSONAL CARE SUPPORT**

Hygiene Assessment?      Yes      No      N/A      Date:

Completed by:

Skin Integrity Assessment?      Yes      No      N/A      Date:

Completed by:

**Showering** – when showering I require someone to *(select which applies)*

Assist	Supervise	Set-up	Independent
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Preferred Time:      AM      PM

Equipment:

Comments:

**Dressing** – when dressing I require someone to *(select which applies)*

Assist	Supervise	Set-up	Independent
Please assist me to:	Select/Change	Put on/Take off	Fasten (zips/clasps)

Comments:

**Grooming** – when attending to my personal grooming I require someone to *(select which applies)*

Assist	Supervise	Set-up	Independent
Please assist me to:	Shave	Style my hair	Apply make-up

Comments:

**Oral Hygiene**

Oral Hygiene Management Plan?	Yes	No	N/A	Date:
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Completed by:

 When attending to my oral hygiene needs, I require someone to *(select which applies)*

Assist	Supervise	Set-up	Independent
Dentures:	Yes	No	If yes, please specify below
Full Denture	Partial - Top	Partial - Bottom	

Comments:

**Continence Support**

 When attending to my toileting needs, I require someone to *(select which applies)*

Assist	Supervise	Set-up	Independent
Urinary Incontinence	Bowel incontinence	Toileting Program	
Continence Aids (Pads)	Catheter		

Comments:

**NUTRITIONAL SUPPORT**

Dietary Assessment?	Yes	No	N/A	Date:
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Completed by:

When attending to my dietary needs, I require someone to *(select which applies)*

Assist	Supervise	Set-up	Independent
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Likes:

Dislikes:

**INSTRUMENTAL ACTIVITIES OF DAILY LIVING**

Cleaning:	Dependent	Assisted	Independent
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Cooking/Meal Preparation:	Dependent	Assisted	Independent
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Gardening:	Dependent	Assisted	Independent
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Laundry:	Dependent	Assisted	Independent
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Do you have a Taxi Subsidy Card?	Yes	No	N/A
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Do you have a Disability Parking Permit?	Yes	No	N/A
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Do you have a Companion Card?	Yes	No	N/A
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If no, would you like assistance to apply?	Yes	No	N/A
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Comments:

**DAILY ROUTINE**

Usual morning routine (*wake up time, exercise etc.*):

Usual afternoon routine:

Usual evening routine (*time for bed, activities etc.*):

Sleeping Pattern (*strategies used when unable to sleep etc.*):

<b>Meal</b>	<b>Time</b> <i>(usual/preferred time)</i>	<b>Comments</b> <i>(inc. preferred meal)</i>
Breakfast:		
Morning Tea:		
Lunch:		
Afternoon Tea:		
Dinner:		
Snacks:		

### DOMESTIC ASSISTANCE

Domestic Assistance funder under commonwealth Home Support Programme (CHSP).

Domestic Assistance will be provided in the home and refers to:

- General house cleaning
- Linen services
- Unaccompanied shopping (deliver to the home)

Domestic Assistance can include:

- Dishwashing
- House cleaning (can include vacuuming, mopping, cleaning bathrooms and kitchens)
- Clothes washing and ironing (can include changing sheets and making beds)
- Shopping (unaccompanied)
- Bill paying (unaccompanied)

Please **discuss additional domestic** needs with our friendly staff who will endeavour to complete tasks to your satisfaction within Workplace Health and Safety Regulations. Services will be completed during allocated times.

Staff will use a Residual Current Device (RCD), this will be plugged into your electrical socket during your service to protect your workers from electrical shock. This does not affect your system, nor does it cost you any additional money on your electrical bill.

Clients are asked to please:

- Ensure equipment is kept in a safe, unfaulty condition
- Provide a squeeze mop and plastic bucket
- Provide non-corrosive cleaning products in their original labelled containers

### ROUTINE TASKS FOR COMPLETION

Vacuum/ Sweep:	Lounge Veranda Bathroom	Dining Bedrooms Other:	Kitchen Study	Hall Toilet
Mop:	Lounge Veranda Bathroom	Dining Bedrooms Other:	Kitchen Study	Hall Toilet
Bathroom:	Basin Other:	Bath	Shower	Wall Tiles
Toilet:	Bowl	Pedestal	Other:	

Additional Regular Tasks:



<b>REQUESTED SERVICES</b>				
On the following day/s:	Monday Friday	Tuesday Saturday	Wednesday Sunday	Thursday
I would like assistance with:				
On the following day/s:	Monday Friday	Tuesday Saturday	Wednesday Sunday	Thursday
I would like assistance with:				
On the following day/s:	Monday Friday	Tuesday Saturday	Wednesday Sunday	Thursday
I would like assistance with:				
On the following day/s:	Monday Friday	Tuesday Saturday	Wednesday Sunday	Thursday
I would like assistance with:				
On the following day/s:	Monday Friday	Tuesday Saturday	Wednesday Sunday	Thursday
I would like assistance with:				

<b>CARER PROFILE</b>		
Name:	Relationship:	
Carer Overview ( <i>History, Roles, Social Activities, Interests, Social Support etc.</i> )		
Availability of informal support to support carer:	Yes	No
Are other services used to support carer/client?	Yes	No
Is the care recipient's health deteriorating?	Yes	No
Is the caring role sustainable?	Yes	No
Are there other demands on the carer?	Yes	No
Provide Details:		
<b>ASSESSMENT COMPLETION</b>		
Coordinator Name:	Date:	
Coordinator Signature:		
Client Name:	Date:	
Client Signature:		
Client Representative Name:	Date:	
Client Representative Signature:		
<b>Review One</b>		
Review Completed By:	Date:	
Staff Signature:	Role:	
Client Name:	Date:	
Client Signature:		
Client Representative Name:	Date:	
Client Representative Signature:		

Comments:

**Review Two**

Review Completed By:

Date:

Staff Signature:

Role:

Client Name:

Date:

Client Signature:

Client Representative Name:

Date:

Client Representative Signature:

Comments:

**Review Three**

Review Completed By:

Date:

Staff Signature:

Role:

Client Name:

Date:

Client Signature:

Client Representative Name:

Date:

Client Representative Signature:

Comments: