

COMPREHENSIVE MEDICAL ASSESSMENT

Resident Name:

Date of Birth:

PART 1 – RESIDENT DETAILS (tick when complete)

 New resident

 Existing resident

If existing resident – what is the reason for CMA?

Next of kin / guardian details:

Name:

Relationship:

Phone Number:

Email:

Enduring Medical Power of Attorney:

 As above (if different, please complete details below)

Name:

Phone Number:

Email:

 Does the resident have a current Advance Care Directive in place? Yes No

 Has the resident had a previous CMA? Yes No

(if yes, include date of last CMA – date/service provided by below)

Resident consent:

 Explanation of CMA given

 Consent for a CMA obtained

 Consent for a CMA not obtained

 Consent given by Resident

 Consent given by Representative

 Not applicable

Date consent was given:

CMA service details provided by:

(Residents usual doctor? Include date of service, report to usual Dr)

PART 2 – DETAILED MEDICAL HISTORY *(tick when complete)*

Results of relevant previous assessments

(e.g., GPs, specialists and/or community based assessments)

Results of relevant previous investigations and allied health interventions

Results of assessment and intervention by nursing staff of the RACF

Details of allergies and drug intolerance:

Resident's current medications:
(include prescribed/non-prescribed medication. Include Medication Profile)

Acute and chronic pain: *(please specify)*

Has the resident had any falls in the last three months? Yes No
(if yes, specify below)

Immunisation status:

- | | |
|---|---|
| <input type="checkbox"/> Influenza immunisation is current | <input type="checkbox"/> Influenza immunisation is not current |
| <input type="checkbox"/> Tetanus immunisation is current | <input type="checkbox"/> Tetanus immunisation is not current |
| <input type="checkbox"/> Pneumococcus immunisation is current | <input type="checkbox"/> Pneumococcus immunisation is not current |
| <input type="checkbox"/> Not applicable | |

Continence:

- | | |
|--|--|
| <input type="checkbox"/> Urinary continence is normal | <input type="checkbox"/> Urinary continence is abnormal |
| <input type="checkbox"/> Urine test (as indicated) is normal | <input type="checkbox"/> Urine test (as indicated) is abnormal |
| <input type="checkbox"/> Faecal continence is normal | <input type="checkbox"/> Faecal continence is abnormal |

Continence – identified issues: *(please specify)*

Factors leading to admission into the RACF:

PART 3 – COMPREHENSIVE MEDICAL EXAMINATION (tick when complete)

Cardiovascular system: *(include: normal/abnormal, identified issues)*

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Respiratory system: *(include: normal/abnormal, identified issues)*

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Pain: *(include: acute/chronic, cause of pain if present)*

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Physical function: *(include ADLs, identified issues)*

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Psychological function:

- | | |
|--|---|
| <input type="checkbox"/> The resident's mood is normal | <input type="checkbox"/> The resident's mood is depressed |
| <input type="checkbox"/> The resident's cognition is normal | <input type="checkbox"/> The resident's cognition is impaired |
| <input type="checkbox"/> Test/screening tool used (e.g., MMSE) | |

Psychological function: *(if issues identified above, please specify below)*

Oral health: *(include teeth/dentures/gums and any identified issues)*

Nutritional status: *(include weight/height/BMI and any identified issues)*

Dietary needs: *(include identified issues)*

Skin integrity: (include: normal/abnormal (sores/lesions) other, and any identified issues)

Other medical examinations (as relevant):

(this may include: hearing/vision/foot care/alcohol use/sleep/smoking/cardiovascular risk factors/fitness to drive.

Diagnosis/health status:

Immediate action:	
<input type="checkbox"/> Immediate action is required for cardiovascular system	<input type="checkbox"/> Immediate action is required for respiratory system
<input type="checkbox"/> Immediate action is required for pain	<input type="checkbox"/> Immediate action is required for physical function
<input type="checkbox"/> Immediate action is required for psychological function	<input type="checkbox"/> Immediate action is required for oral health
<input type="checkbox"/> Immediate action is required for nutritional status	<input type="checkbox"/> Immediate action is required for dietary needs
<input type="checkbox"/> Immediate action is required for skin integrity	<input type="checkbox"/> Immediate action is required for continence
Other services required:	
<input type="checkbox"/> Chronic Disease Management (CDM) Care Plan required	<input type="checkbox"/> Chronic Disease Management (CDM) Care Plan not required
<input type="checkbox"/> Case Conference required	<input type="checkbox"/> Case Conference not required
<input type="checkbox"/> Medication Management Review required	<input type="checkbox"/> Medication Management Review not required
<input type="checkbox"/> Other	
Name of person completing assessment:	
Role:	
Date completed:	Time completed:
Signature:	