

| Staff Orientation Workbook  |                  |  |  |  |  |  |
|-----------------------------|------------------|--|--|--|--|--|
| Rosalie Nursing Care Centre |                  |  |  |  |  |  |
|                             | Personal Details |  |  |  |  |  |
|                             |                  |  |  |  |  |  |
| Employees Name              |                  |  |  |  |  |  |
| Position:                   |                  |  |  |  |  |  |
| Date of Commencement:       |                  |  |  |  |  |  |
| Name of Manager:            |                  |  |  |  |  |  |
| Workbook Completion Date:   |                  |  |  |  |  |  |

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#### **Staff Orientation Checklist (EDIT)**

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Completed forms must be sent to Head Office within 14 days of commencement of employment.

| Part 1 – Organisational Information                 |               |   |           |  |  |  |
|---|---------------|---|-----------|--|--|--|
|   |               | rstands correct procedures / protocols of                         | the       |  |  |  |
| Association in regard to:                           |               |   |           |  |  |  |
| Mission Statement                                   |               | Meetings Planner  |           |  |  |  |
| Philosophy of Care                                  |               | Staff Notice Board  |           |  |  |  |
| Quality Management System (Website)                 |               | Maintenance Book/Log  |           |  |  |  |
| Organisational Chart                                |               | Telephone System  |           |  |  |  |
| Summary of AAQ Services                             |               | Telephone Protocol – Answering & Transferring telephone calls     |           |  |  |  |
| AAQ Corporate Procedures                            |               | Communication protocols & Diary                                   |           |  |  |  |
| AAQ Corporate Forms                                 |               | Dress Standards – refer particular sections in the Staff Handbook |           |  |  |  |
| AAQ Residential Care Procedures                     |               |   |           |  |  |  |
| AAQ Residential Care Forms                          |               | Meal Breaks   |           |  |  |  |
| View from Website "A question of Care"              |               | Chartered Rights and Responsibilities                             |           |  |  |  |
| No Smoking Policy                                   |               | Rosters & Allocations   |           |  |  |  |
| Employee Signature                                  |               | Supervisors Signature   |           |  |  |  |
|   |               |   |           |  |  |  |
| Part 2 – HR Ad                                      | mini          | stration Information  |           |  |  |  |
| 1   |               | f member has completed and  |           |  |  |  |
|   | <u> Drg</u> a | nisational forms and procedure                                    | <u>s:</u> |  |  |  |
| Personal Details Form                               |               | Code of Conduct   |           |  |  |  |
| Bank Account Details                                |               | Confidentiality Agreement   |           |  |  |  |
| Superannuation Choice of Fund Form                  |               | Staff Handbook  |           |  |  |  |
| Tax file Number Declaration                         |               | Timesheets  |           |  |  |  |
| Statutory Declaration - Convictions                 |               | Leave Requests  |           |  |  |  |
| Staff Contract                                      |               | Current Police Certificate  |           |  |  |  |
| Requirement to maintain current police certificates |               | Privacy Statement   |           |  |  |  |
| Position Description                                |               | Copies of Qualifications/APHRA Registration                       |           |  |  |  |
| First Aid Certificate                               |               | Visa/Passport Details   |           |  |  |  |

| Supervisors Signature  |  |  |  |  |  |  |  |
|--|--|--|--|--|--|--|--|
| 1: 10:   |  |  |  |  |  |  |  |
| Part 3 – Organisational Structure  |  |  |  |  |  |  |  |
| Objective: To identify key personnel within the Organisation and residential care facility |  |  |  |  |  |  |  |
| the Organisation and residential care facility   |  |  |  |  |  |  |  |
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| Supervisors Signature  |  |  |  |  |  |  |  |
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|  |  |  |  |  |  |  |  |

| Part 4 - Tour of Facility   |         |   |  |  |  |
|---|---------|---|--|--|--|
| Objective: To locate areas & items within the centre and understand their function.   |         |   |  |  |  |
| Staff member to tick when   | each ai | rea or item is successfully located.  |  |  |  |
| Staff Car Park  |         | Staff Emergency Contact List  |  |  |  |
| Director of Care Office   |         | Evacuation Plan   |  |  |  |
| Administration  |         | Nurses Station –  Resident Files & Care Plans Physiotherapy Folder Key Pad Code Keys/Key Cupboard Call Bell System Staff Contacts Folder Pain Treatment Folder Process Folder Resource Material Notice Board Fire Indicator Panel (FIP) Aged Care Act 1997 & Aged Care Principles Fax Machine Emergency Phone /Mobile Phone                                   |  |  |  |
| Staff Room/Kitchen     Fridge     Microwave     Toaster     Tea and Coffee Supplies     Staff Lockers   |         | Treatment Room -  |  |  |  |
| <ul> <li>Fire &amp; Emergency Resident Listing</li> <li>Emergency Evacuation Diagram</li> <li>Door Security Alarm</li> <li>Fire Extinguisher/Hose/Alarms</li> <li>Visitors/Contractors Signing Book</li> <li>Dirty Laundry Cupboard</li> <li>Resident Leave Book</li> <li>Staff Toilets</li> <li>Albac Mats</li> <li>Activity Noticeboard</li> <li>Water Cooler</li> <li>Laundry &amp; Waste Skips</li> </ul> Maintenance Shed Location <ul> <li>Maintenance Items</li> <li>Shed Key</li> </ul> |         | Multipurpose Room (Store Room/Linen Room)  Resident's Laundry Facility Laundry Linen Store Cupboard Lifting and Mobility Equipment Weigh Chair Residents personal clothing Spare curtains Physiotherapy Equipment Slings Leisure & Lifestyle Activities Cupboard  Storeroom (Garage) Bed & Mattress Spare Equipment Tug (ADL Assistive Device) Regency Chairs |  |  |  |

| Employees Signature | Supervisors Signature |
|---------------------|-----------------------|
|                     |                       |
|                     |                       |

#### Part 5 - Residential Care Transport (Mainly for Lifestyle & Leisure Staff and other staff that drive the Association Motor Vehicles) Objective: To ensure the staff member understands the appropriate use of AAQ motor vehicles Use of Association Motor Vehicles Possess Drivers' Licence MV policy At fault accidents Opens Service Log requirements Provisional **MV Checklist** Conditional Service requirements for vehicles Drivers checklist for vehicle Drivers' License Number Duty of disclosure: Medical conditions Loss of License Other matters affecting license Copy of Drivers' License taken Drivers' License expiry date: How to report any accidents or Liability for traffic infringement fines incidents **Employees Signature Supervisors Signature**

### Part 6 – Fire Safety Education

| To be completed within 24 hours of Commencing Employment   |  |  |  |  |  |
|--|--|--|--|--|--|
| Achieved (In-depth Theory) Competency  |  |  |  |  |  |
| Watch Fire Safety & Evacuation DVD Yes No  |  |  |  |  |  |
| TES INC  |  |  |  |  |  |
| 1. The most common way fires spread in buildings is by way of conduction.  |  |  |  |  |  |
| True/ False (circle correct answer)  |  |  |  |  |  |
| <ol> <li>Fires spread by way of convection, conduction and radiation. Briefly<br/>describe what these <u>fire terms</u> mean.</li> </ol>   |  |  |  |  |  |
| 3. <u>Describe</u> what the "fire triangle" is.  |  |  |  |  |  |
| <ol> <li>Smoke is normally the major threat in a fire emergency situation.</li> <li>True/ False (circle correct answer)</li> </ol>   |  |  |  |  |  |
| 6. List 6 (or more) common <u>causes of fire</u> in aged care facilities   |  |  |  |  |  |
| 7. What should you do if you notice any damage, interference or obstruction of fire safety and/or firefighting equipment?  |  |  |  |  |  |
| 8. Are you familiar with your organisation's policies and procedures <u>relating to fire safety</u> and <u>fire emergency response</u> and are these policies and procedures readily accessible? |  |  |  |  |  |
| 9. Why is it important that <u>residents</u> and <u>visitors</u> are signed in and out of the  |  |  |  |  |  |

| building?  |
|--|
| Where do you <u>sign</u> residents and visitors in and out of the building?  |
| 10. Where would you locate the Fire Extinguishers?   |
|  |
| 11. Where would you <u>locate</u> the <u>Emergency Evacuation plan</u> ?   |
| 12. Do you know where to locate the <u>fire indicator panel</u> and what is its <u>function</u> ?  |
| 13. Who is the <u>Fire Warden</u> on any shift? How do you <u>identify</u> the Fire warden?  |
| 14. What is your <u>role</u> in the event of a fire or emergency?  |
| 15. List the <u>equipment/handling aids</u> you would use in a fire evacuation to help move residents as quickly as possible to safe areas.            |
| 16. Briefly <u>describe</u> the moving and handling methods you would use to help move residents as quickly as possible to safe areas at your facility |
| 17. What is your understanding of the <u>benefits</u> of carrying out regular/safety first fire drills at your facility?                               |
| 18. If you <u>discover</u> a fire what should your <u>initial</u> responses be?  |
| 19. If you <u>hear</u> the <u>fire alarm</u> what should your <u>initial</u> responses be?   |
| 20. Why is it important (if safe to do so) to <u>close</u> doors and windows in the <u>vicinity of a fire</u> ?  |

| 21. Briefly <u>describe</u> what is meant by the <u>fire procedure</u> term "R.A.C.E"                 |                                 |  |  |  |  |
|---|---------------------------------|--|--|--|--|
| 22. Describe a variety of things you <u>sho</u>   | uld not do in a fire emergency. |  |  |  |  |
| 23. Where is your <u>designated assembly</u>  | area (s) located?               |  |  |  |  |
| 24. Why do you need to stay <u>low</u> to the ground in smoke filled rooms?                           |                                 |  |  |  |  |
| 25. It is alright to fight a fire on your own so long as you have a clear exit to<br>your back.       |                                 |  |  |  |  |
| True/ False (circle   | correct answer)                 |  |  |  |  |
| 26. What is the <u>orde</u> r of evacuation in a fire emergency? )ie. Who to be evacuated first etc.) |                                 |  |  |  |  |
| 27. If you notice a <u>hazardous work situa</u>   | tion what should you do?        |  |  |  |  |
| Employee Name   | Supervisor Signature            |  |  |  |  |

| i art i – Maridai i landiing   |  |                         |              |                                      |
|--|--|-------------------------|--------------|--------------------------------------|
| <ul> <li>Objective:         <ul> <li>Employees should have an understanding of the basic principles of safe to demonstrate these principles to their work areas.</li> <li>Employees involved in the handling of residents shall be shown how to supplied for Manual Handling of People including hoists and slings, walk sliding boards and other relevant mobile or assistive equipment (e.g. shombile chairs)</li> <li>To ensure staff members have completed the appropriate training and e Handling in an Aged Care Facility.</li> </ul> </li> </ul> | safely oper<br>belts, slide<br>ower chairs | ate e<br>e she<br>s and | quipmeets an | ent<br>d/or<br>baths,                |
| To be completed within 24 hours of commencing employment   |  |                         |              |                                      |
| ☑ Tick each item when each staff member has completed the required education   | n/compete                                  | ncy                     |              |                                      |
| Attend Manual Handling Training with Allie Health Professional   |  |                         |              |                                      |
| Achieved competency in Manual Handling   |  |                         |              |                                      |
| Employees Signature Mana   | gers Signa                                 | ature                   | •            | ·                                    |
| Manual Handling Competency – Care Staff  |  |                         |              | Achieved                             |
| Can locate the ADL Summary Sheet & Physiotherapy/Exercise Care Plan and understands their importance   |  |                         |              |                                      |
| Identifies how to access procedure RNC – P-18 containing Manual Handling – N lift Policy   | 0  |                         |              |                                      |
| Identifies who needs to be informed if there are any changes to resident's mobili  | ty   |                         |              |                                      |
|  | N/A  | С                       | NY<br>C      | Comment<br>and/or<br>more<br>Answers |
| Indicates or names who to report any manual handling difficulties to  Indicates who the Health & Safety Representative is or where to find o who it is   | ut   |                         |              |                                      |
| Indicates where and describes the use of maintenance / repair logs   |  |                         |              |                                      |
| Indicates where to report hazards using RNC Form 263 Continuous Improveme Form and staff incidents using AAQ Form 19 Incident Reporting Form   | nt   |                         |              |                                      |
| Demonstrates knowledge on actions to take when a <b>fall</b> occurs (e.g. residents comfort, seek medical attention, notify family and manager, iCare entry)   |  |                         |              |                                      |
| Indicates or describes where relevant <b>manual handling equipment</b> is stored (e trolleys, hoists, shower chairs etc)   |  |                         |              |                                      |
| Identifies at least <b>2 potential workplace injuries</b> associated with manual handli (e.g. injury to back, nerves, tendons)   | ng   |                         |              |                                      |

Part 7 - Manual Handling

Demonstrates a safe and appropriate posture and positioning for lifting a **light** 

Demonstrates **above shoulder task** for reaching light objects or cleaning (e.g. linen store, dusting, storage in balanced comfortable position with stabilisation if

Demonstrates use and knowledge of a **step ladder** (e.g. never stand on the top

Demonstrates appropriate adjustments on 1 - 2 pieces of adjustable equipment

object from the ground

step if more than two steps; avoid over reaching)

from within their work area (e.g. shower chair, beds etc)

| Able to explain where to find information on resident's transfers and mobility  |   |   |    |  |
|---|---|---|----|--|
| Identifies and demonstrates <b>the key points of control</b> for people handling (hip, knee and shoulder)   |   |   |    |  |
| Demonstrate effective posture in prepping / warming up to support a transfer (e.g. hip rocking, alignment of feet, spine)   |   |   |    |  |
| Demonstrates correct technique for <b>guided walking</b> with residents (e.g. position of staff body and hands)   |   |   |    |  |
| Demonstrates knowledge of walk belt usage   |   |   |    |  |
| <ul> <li>Lists at least 2 contra-indications for walk belts</li> </ul>  |   |   |    |  |
| Demonstrates correct knowledge in assisting residents with <b>stairs</b> (e.g. prompting to use the rail, leading with stronger leg ascending, weaker leg descending, and staff position in relation to resident)   |   |   |    |  |
| Demonstrates an assisted <b>chair transfer</b> using correct technique for 1 person assist  |   |   |    |  |
| Demonstrates an assisted <b>chair transfer</b> using correct technique for 2 people assist  |   |   |    |  |
| Demonstrates knowledge on how to <b>minimise assistance with transfers</b> (e.g. equipment - correct height of shower chair, lounge chair, electric bed functions, etc; prompts to clients for maximal self-assist) |   |   |    |  |
| Demonstrates knowledge of use of reclining / tilting chairs   |   |   |    |  |
| Demonstrates / indicates knowledge of use of <b>wheelchairs</b> (e.g steer and push positions, brakes, weight limits, cushions etc)   |   |   |    |  |
| Demonstrates / indicates knowledge of use of <b>shower chairs</b> (e.g. brakes, types, standing on foot plates etc)   |   |   |    |  |
| Demonstrates a safe assisted <b>bed transfer</b>  |   |   |    |  |
| Demonstrates knowledge of use of <b>slide sheets</b>  |   |   |    |  |
| <ul> <li>Application (e.g. under all dependent body parts)</li> </ul>   |   |   | П  |  |
| <ul> <li>Translating up bed (without lift or shear forces)</li> </ul>   |   |   | lπ |  |
| <ul> <li>Turning and removal (without lift or hitch or undue forces on resident)</li> </ul>   |   |   |    |  |
| <ul> <li>List at least 2 precautions for slide sheet use</li> </ul>   |   |   |    |  |
| <ul> <li>List at least 1 contraindications for slide sheet use</li> </ul>   |   |   |    |  |
|   |   |   |    |  |
| Demonstrates knowledge of use of <b>standing hoist</b>  |   |   |    |  |
| <ul> <li>Demonstrates knowledge of application of correct hoist sling</li> </ul>  |   |   |    |  |
| <ul> <li>Indicates safety features (e.g. emergency lower, stop, weight limits)</li> </ul>   |   | П |    |  |
| <ul> <li>Demonstrates strategies for easier wheeling of hoist (e.g. walks back legs</li> </ul>  |   |   |    |  |
| around, figure 8, slide on guide, single brake turn, etc)   |   |   |    |  |
| <ul> <li>Demonstrates battery removal or plug in and is shown battery re-charging system</li> </ul>   |   |   |    |  |
| Demonstrates knowledge of use of <b>full sling hoist</b>  |   |   |    |  |
| Demonstrates knowledge of application of correct hoist sling  |   |   |    |  |
| <ul> <li>Indicates safety features (e.g. emergency lower, stop, weight limits)</li> </ul>   |   |   | _  |  |
| Demonstrates strategies for easier wheeling of hoist (e.g. walks back legs)   |   |   |    |  |
| <ul> <li>around, figure 8, slide on guide, single brake turn, etc)</li> <li>Demonstrates battery removal or plug in and is shown battery re-charging</li> </ul>   |   |   |    |  |
| system  |   |   |    |  |
| Demonstrates <b>pushing or pulling action</b> of trolley or hoist without strain or excessive shearing forces (e.g. tracking wheels, steer and push positions, brakes, walk back wheels around corners etc)         |   |   |    |  |
| ,   | 1 | 1 |    |  |
| Demonstrates safe and efficient posture and action for the following tasks:   |   |   |    |  |

|        | Pulling loads/people toward self (e.g. residents, dryers and washing nachines, trays, stores, etc) |  |  |
|--------|--|--|--|
| • N    | Nopping and vacuuming (techniques, back pack instructions, etc)                                    |  |  |
| • C    | Other:   |  |  |
| Demon  | nstrates knowledge of use of bath trolley / bath bed (if applicable)                               |  |  |
| Other: |  |  |  |

\*Not applied or attempted - task either not appropriate to employee or those constraints limited assessment on this date or evidence of competency in this area elsewhere.

| Manual Handling Competency – Non Care Staff   |     |   |         | Achieved                             |
|---|-----|---|---------|--------------------------------------|
|   | N/A | С | NY<br>C | Comment<br>and/or<br>more<br>Answers |
| Identifies how to access core <b>relevant procedures</b> "AAQ-P-1.0 Workplace Health & Safety", "AAQ-P-37 Workplace Rehabilitation" and "AAQ-P-38 Corporate Incident reporting"   |     |   |         |                                      |
| For Manual Handling and Ergonomic difficulties     For Workplace Health & Safety Representative     For Workplace Rehabilitation Coordinator  |     |   |         |                                      |
| Indicates procedure for   |     |   |         |                                      |
| Identifies at least <b>2 potential workplace injuries</b> associated with poor manual handling and ergonomics (e.g. injury to back, wrists),  |     |   |         |                                      |
| <ul> <li>Eyes (level with top1/3 of screen, computer screen 45-60cm away,)</li> <li>Head and Neck (limit twisting/bending forward, cradling of phone, document holder)</li> <li>Shoulders (relaxed, work at elbow height,)</li> <li>Elbows (tucked in, bend approx. 90 degrees,)</li> <li>Hands and Wrists (neutral alignment, consider keyboard work, mouse)</li> <li>Back (S-curve, avoid leaning and twisting, lumbar support,)</li> <li>Hips (chair sitting approx. 90 degrees bend, standing – shoulder width,)</li> <li>Feet and legs (use of footrests, toe space to counters,)</li> </ul> |     |   |         |                                      |
| Demonstrates safe lifting/transporting of a   |     |   |         |                                      |

| <ul> <li>Light object (up to 5kgs) from the ground</li> <li>Medium object (up to 10kgs) from the ground (semi squat, squat)</li> <li>Heavy objects (&gt;10kgs; use of trolley, garbage bins, lift, pull/push,)</li> </ul> |  |  |
|---|--|--|
| Demonstrates <b>above shoulder task</b> for reaching light objects or cleaning (e.g. office supplies, library, use of step stool etc)   |  |  |
| Demonstrates safe and efficient posture and action for the following tasks:  • Loading and unloading dishwasher • Loading and unloading a vehicle   |  |  |
| Awareness to other Ergonomic factors  • Breaks (every 30 minutes)  • Lighting  • Task variation   |  |  |

Part 8 – Workplace Health & Safety

| Question  | Answer |
|---|--------|
| Watched the DVD "Bullying Prevention – Employee Awareness and Response"                               |        |
| Who is your Workplace Health & Safety Officer?  |        |
| Who is the Workplace Rehabilitation Officer?  |        |
| Who are the Fire wardens?   |        |
| Who do you report to when an accident / incident occurs?  |        |
| Briefly outline the steps of reporting an accident / injury for (1) a resident and (2) a staff member |        |
| Name 3 types of hazards that can be found in your workplace   |        |
| Briefly describe the steps of reporting a hazard  |        |
| Name 4 types of PPE (Personal Protective Equipment)   |        |
| Where are sharps containers located? What can be disposed in them?                                    |        |
| How do you dispose of continence products & general waste?  |        |
| How do you dispose of contaminated material i.e.: soiled dressings / cytotoxic material?              |        |
| How do you report a medication error?   |        |
| How do you correctly report maintenance issues?   |        |

| Part 9 - Chemical S   | afety Questionnaire                    |
|---|--|
| Please complete the following Questions:  |  |
| In your area where are the Material Safety Data Sheets (MSDS) sheets kept?  |  |
| Choose one of the products from the MSDS folder and answer the following questions.  What is the name of the product on MSDS? |  |
| How is this chemical used?  |  |
| What are the first aid procedures if swallowed?   |  |
| Currently, what Personal Protective Equipment (PPE) is used?  |  |
| What is the medical emergency number?   |  |
| What does M.S.D.S. stand for?   |  |
| How long is the information on a MSDS valid for?  | 1 year 2 years 3 years 4 years 5 years |
|   | 5 , 5 5 5                              |

# **Part 10 - Infection Control** Objective: To ensure all staff members have completed the appropriate training and education that relates to Infection Control and completion of the Handwashing Competency Tick each item when each staff member has completed the required education/competency Watched the Infection Control DVD (Working Pictures) Name the three major ways bacteria and viruses can enter our body? How are colds and influenza normally transmitted? What is the aim of infection control? What is meant by the terms "Standard Precautions"? What is meant by "Additional Precautions"? Briefly describe what is meant by "risk assessments" Why is it vital to get feedback and input from personnel as part of your organisation's on-going infection control risk assessment process? If a resident has diarrhoea what steps would you take? What steps would you take if you had diarrhoea? Describe what is meant by an outbreak. Describe what steps you would take to minimise cross contamination.

| Describe the correct method for removing gloves   |  |     |
|---|--|-----|
|   |  |     |
| Outline the correct procedure to follow for effective   | e hand washing                                       |     |
|   |  |     |
| When can hand sanitizers be used?   |  |     |
|   |  |     |
| How many times can you use hand sanitizers before   | ore having to wash your hands? (circle correct answe | er) |
| 2 times   | 4 times 6 times                                      |     |
| You should wash your hands both before and after  | er wearing gloves                                    |     |
| True/False (circle correct answer)  | )  |     |
| When cleaning up a bloody/body fluid spill what pro   | rotective equipment should you wear?                 |     |
|   |  |     |
| Outline the Association's safe work procedures for  | r the use and disposal of sharps                     |     |
|   |  |     |
| What should you do if you have an accident with a   | a sharp and you are exposed to blood or body fluid   | ds? |
|   |  |     |
| What safe work procedures should you follow when  | en handling soiled linen?                            |     |
|   |  |     |
| If a resident has contracted a highly infectious illner introduced in additional to your facility's standard in |  |     |
| Introduced in additional to your facility's standard if   | infection control practices?                         |     |
| How in the Honotitie Divinus transmitted?   |  |     |
| How is the Hepatitis B virus transmitted?   |  |     |
| How is HIV (Human Immunodeficiency Virus) trans   | smitted  |     |
|   |  |     |
| Where should treatments ideally be carried out  |  |     |
|   |  |     |
| Employees Signature   | Managers Signature                                   |     |
|   |  |     |

## **Part 11 - Handwashing Competency**

|   | Yes   | No       | N/a     | Comment |
|---|-------|----------|---------|---------|
| Jewellery removed   |       |          |         |         |
| Lesions covered appropriately   |       |          |         |         |
| Dispense small amount of UV hand cream on to hands and rub in thoroughly  |       |          |         |         |
| Hands wet in warm water prior to application of soap/cleanser   |       |          |         |         |
| Hands rubbed well together covering all skin surfaces, including space between fingers. Was friction applied to palms, backs, thumbs, fingers, wrists and nails? Special attention to area under wedding ring (if applicable) |       |          |         |         |
| Hands washed for an appropriate time  |       |          |         |         |
| Hands rinsed under running water until all soap removed   |       |          |         |         |
| Hands thoroughly dried using disposable paper or hot air dried  |       |          |         |         |
| Paper towel or elbows used to turn off taps   |       |          |         |         |
| Paper towel disposed into waste bin without touching lid  |       |          |         |         |
| UV light detected areas of hands cleaned correctly  |       |          |         |         |
| Competent   |       | No       |         |         |
| Further Education/Reassessment Required   |       |          |         |         |
| Employees Signature   | Super | visors S | ignatur | e       |

### Part 12 - Elder Abuse - Protecting Residents

| Watch "Protecting the Vulnerable – Identifying and Reporting Elder Abuse" DVD  |                      |
|--|----------------------|
| Received a copy of AAQ 'Elder Abuse policy'  |                      |
| According to legislation all staff working in aged care must have what?  |                      |
| How long does a Police Clearance Certificate remain current?   |                      |
| Please list the 4 types of abuse?  |                      |
| What types of abuse are reportable under the Aged Care Act 1997?   |                      |
| What types of abuse should you report to your supervisor?  |                      |
| Scenario (1) If you were walking past a resident's room and they were crying out 'you 're hurting me?" What would you do?                  |                      |
| Scenario (2) If you found bruising on a resident? What would you do?   |                      |
| Scenario (3) If a dementia resident punches another resident? What would you do?   |                      |
| Scenario (4) If a resident accuses a staff member of touching them inappropriately? What would you do?                                     |                      |
| What is the Registered Nurses responsibility when receiving a suspicion or allegation of elder abuse?                                      |                      |
| What is the Director of Care or her delegate's responsibility when receiving a suspicion or allegation of elder abuse?                     |                      |
| What is the time period for mandatory reporting of an allegation or suspicion of abuse to the Department of Health & Aging and the police? |                      |
| Who reports the allegation or suspicion of abuse to the Department of Health & aging and the police?                                       |                      |
| Employee Signature   | Supervisor Signature |

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| Part 13a – Rosa  | lie N         | lursing Ca                        | re Centre                       |               |     |
|--|---------------|-----------------------------------|---------------------------------|---------------|-----|
| Objective: To ensure staff member is fa<br>Rosalie N   |               | r with the polic<br>g Care Centre |                                 | related to th | е   |
| iCare  |               |                                   | edures/Processe                 | es:           |     |
| Resident's Fire & Evacuation List                      |               | -                                 |                                 |               |     |
| RN Email's   | $\vdash \Box$ |                                   | Abuse, Compul                   | •             |     |
| Training & Education                                   |               |                                   | rting & Record h<br>ion Control | Keeping       |     |
| Internal - Mandatory                                   |               |                                   | al Handling                     |               |     |
| External – by request                                  |               | Smok                              | •                               |               |     |
| Other  |               |                                   | nation Technolo                 | av            |     |
| iCare Password.  |               |                                   | e Certificates                  | 9)            |     |
| Confidentiality of resident information                |               | Socia                             | l Media                         |               |     |
| (this should fall under the confidentiality agreement) |               | • Falls                           | Procedure                       |               |     |
| agreement)   |               | Medic                             | cation                          |               |     |
|  |               |                                   | ng Persons                      |               |     |
|  |               |                                   | ing Policy                      |               |     |
|  |               |                                   | rds Managemer                   |               |     |
|  |               | • Emer                            | gency Procedur                  | es Manuai     |     |
| Resident's File  |               |                                   |                                 |               |     |
| Employee Signature                                     | •             | S                                 | upervisors Signa                | ature         | •   |
|  |               |                                   |                                 |               |     |
| Part13b –  | Re            | gistered St                       | aff                             |               |     |
|  |               |                                   |                                 |               |     |
| Objective: To ensure staff member is fan               | niliar        | with the protoc                   | cols related to R               | esidential C  | are |
| iCare  |               | iCare Passwo                      | ord                             |               |     |
| Assessment   |               |                                   | Not yet competent               | Competent     |     |
| Able to access the iCare icon from windows desk        | ctop          |                                   |                                 |               |     |
| Able to log on to Medication Delivery system in iCare  |               |                                   |                                 |               |     |
| Able to run missed medication report                   |               |                                   |                                 |               |     |
| Able to administer PRN medication and evaluate         | effecti       | veness                            |                                 |               |     |
| Able to locate residents contact & Medicare detail     | ils           |                                   |                                 |               |     |
| Able to locate a resident                              |               |                                   |                                 |               |     |
| Able to enter a progress note                          |               |                                   |                                 |               |     |
| Able to enter an incident form                         |               |                                   |                                 |               |     |
| Able to enter observations eg: weight, TPR             |               |                                   |                                 |               |     |

| Able to access a care plan   |  |
|--|--|
| Able to amend or change a care plan  |  |
| Care plan review process and schedule  |  |
| Able to access pain chart set up   |  |
| Able to complete a wound assessment  |  |
| Able to access Repositioning(PA Care)  |  |
| Able to access sleep chart   |  |
| Able to access Pain chart  |  |
| Able to make a urine entry   |  |
| Able to make a bowel entry   |  |
| Able to locate & print a transfer form for resident transfer to hospital             |  |
| Able to access and complete assessments/ tools and generate a care plan from results |  |
| Able to access PAS & Cornell scale assessments                                       |  |
| Able to locate Fluid Balance form  |  |
| Able to log neurological observations  |  |
| Able to create a dietary assessment  |  |
| Able to create a referral to Other Health and Related Services                       |  |
| Able to log off iCare including medication delivery                                  |  |
| Able to log on to Moving On Training   |  |
| Able to log on to AAQ website on desktop (Residents Aged Care Policies and forms)    |  |
| Able to explain the Response to Falls Policy   |  |
| 3 day fall follow up including diary stamp   |  |
| Notifications following fall   |  |
| Interventions post fall  |  |
| Observation schedule   |  |
| Able to locate the   |  |
| appointment diary  |  |
| telephone list   |  |
| QAS booking form   |  |
| Pathology and X-Ray Requests   |  |
| MIMS & log in  |  |
| Communication diary  |  |
|  |  |
| Able to locate the following medical equipment                                       |  |
| Oxygen cylinders   |  |
| Sphygmomanometer   |  |
| Glucometer   |  |
| Thermometer  |  |
|  |  |

| Pulse Oximeter  |                       |
|---|-----------------------|
| Explain how to:   |                       |
| Reorder medications   |                       |
| Replace oxygen cylinders  |                       |
| Replace staff   |                       |
| After hours emergency contactors  |                       |
| Report medication error   |                       |
| Reference MIMMS and log in  |                       |
| Admission procedure   |                       |
| Discharge procedure   |                       |
| Responding to calls from Garden City Multi Service Ce                                   | entre                 |
| Able to put residents on/off leave ( statistics form) and evacuation list               | print fire            |
| Appointment Books and Sheets  |                       |
| Where would you find the diary /appointment book?                                       |                       |
| Where would you find the communication book/s?  |                       |
| Where would you locate the Queensland Ambulance Service Book & pathology forms?         |                       |
| Where would you locate the Doctors communication book?                                  |                       |
| Where would you locate a multipurpose form, describe the internal communication process |                       |
| Employees Signature   | Supervisors Signature |

#### Part13c – Assistant Nurse

| Documentation  |                      |
|--|----------------------|
|  |                      |
| Locate and explain Duty Lists  |                      |
| Where would you find the Communication Folder?                               |                      |
| Locate:  |                      |
| <ul> <li>Rosters &amp; Timesheets</li> </ul>                                 |                      |
| <ul> <li>Leave Applications</li> </ul>                                       |                      |
| Staff Incident Reporting   |                      |
| Where do you locate resident care plan?                                      |                      |
| How often should you read the care plan and why?                             |                      |
| Where do you locate ADL summary sheet?                                       |                      |
| Where would you record resident observations?                                |                      |
| Where do you record pressure area care?                                      |                      |
| Where would you record a resident bowel                                      |                      |
| movements?   |                      |
| Where do you record restraint monitoring?                                    |                      |
| Demonstrates competency in completing ACFI Behaviour assessment forms.       | RN Signature: Date:  |
| Demonstrates competency in completing ACFI continence assessments.           | RN Signature: Date:  |
| Where do you find Oxygen if RN requests it? Who can commence Oxygen therapy? |                      |
| Where do you find the following?   |                      |
| Appointment Books and Sheets:  | T                    |
| Where would you find the diary /appointment book?                            |                      |
| Where would you find the communication book/s?                               |                      |
| Describe the internal communication process                                  |                      |
| Employee Signature   | Supervisor Signature |

## Part 13d –Lifestyle & Leisure Orientation (in conjunction with the AN Orientation)

| Question  | Answer               |
|---|----------------------|
| Where would you locate the Drivers Checklist for          |                      |
| vehicles?   |                      |
| Harrista was lake a sanalata a a a 2                      |                      |
| How often would you complete one?                         |                      |
| Where would you locate Risk Assessments for               |                      |
| Activities?   |                      |
|   |                      |
| Where would you locate the Leisure and Lifestyle          |                      |
| Assessment?   |                      |
| Where would you locate and what is the process for        |                      |
| resident escorts to medical appointments?                 |                      |
|   |                      |
| How do you notify all departments of resident             |                      |
| outings?  |                      |
| Demonstrate in iCare                                      |                      |
| <ul> <li>Log on/off</li> </ul>                            |                      |
| <ul> <li>Care plan reading and amendments</li> </ul>      |                      |
| <ul> <li>Progress note entries both single and</li> </ul> |                      |
| multiple  |                      |
| <ul> <li>Care plan review and schedule</li> </ul>         |                      |
| <ul> <li>Handover Notes</li> </ul>                        |                      |
| Documentation review/update:                              |                      |
| Email   |                      |
| Resident Notice Board                                     |                      |
| Activity Calendar   |                      |
| iCare Assessments   |                      |
| Care Plans  |                      |
| <ul><li>Pets</li></ul>                                    |                      |
| <ul> <li>Equipment</li> </ul>                             |                      |
| Employee Signature  | Supervisor Signature |
|   |                      |
|   |                      |
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## Part 13e – Hospitality Orientation

| •   | ing item and has received instruction in the use of uipment. |
|---|--|
| Watched Food Safety DVD and Completed Q   | uestionnaire   |
| 2. Dry Store, Refridgerator, Freezer- basic know  | ledge of where to find everything                            |
| Explain the temperature checking process an   | d recording of the temperatures                              |
| <ol> <li>Equipment used in kitchen i.e.: toaster, bain r<br/>kitchen range, oven, fridges.</li> </ol>   | narie, vitamiser, hot box, dishwasher,                       |
| 5. Waste Disposal – (Waste Management Plan,   | recycling, good housekeeping)                                |
| 6. Food Safety Plan ,Sign off sheets and Tempe  | rature Monitoring Procedures                                 |
| 7. Food Ordering  |  |
| Food Delivery and Supply Checklist  |  |
| 9. Menu – Rotation & Serving Times, Resident's  | Choice   |
| 10. Food Service Standards – (food presentation   | on the plate)  |
| 11. Cleaning Schedules & Sign offs  |  |
| 12. Chemicals & MSDS sheets   |  |
| 13. PPE (Personal Protective Equipment) e.g.: gl  | oves, hats, hairnets, aprons                                 |
| 14. Modified Diets & Fluids   |  |
| 15. Use of Cleaning Equipment  Vacuum Cleaners  Carpet shampooer  Spot Upholstery Cleaner  Cleaning equipment/trolleys and safe  "Clean to Dirty" Principle  Colour Coded Equipment  Maintenance and Cleaning of Equipment  PPE Equipment  16. Duty Guides for all roles                                  |  |
| 17. Safe laundry practices-  use of laundry - clean/dirty access  manual handling of laundry bags  PPE equipment  the role of red dissolvable bags  handling foul linen  De-bulking of linen  handling linen fouled with cytotoxic dr  hot folding/ironing  resident's personal clothing  Lost and found. | ugs and/or human waste                                       |
| Employee Signature  | Supervisor Signature   |

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| Part 14 - Staff Education & Staff Meetings  |  |  |  |  |
|---|--|--|--|--|
| Objective: To ensure staff members are aware of the Associations staff education and meeting expectations. Also to ensure staff have been scheduled for the appropriate education.  |  |  |  |  |
| Tick each item when each staff member has been made aware of the expectation around staff education and staff meetings and when the education has been scheduled.   |  |  |  |  |
| Staff Mandatory Education   |  |  |  |  |
| Staff Meetings  |  |  |  |  |
| Quarterly SRV and Dementia Training – dates scheduled and attendance  |  |  |  |  |
| Pharmacology QUM Online Education (RN/EN)   |  |  |  |  |
| Fire Education Training Dates   |  |  |  |  |
| Dementia Australia Workshops – Timetable of education   |  |  |  |  |
| Dementia Australia RTO Distance Education Packages – Staff members have been enrolled in the following modules:   |  |  |  |  |
| <ul> <li>CHCAC319A Managing Behaviours of Concern</li> <li>HLTCSD306D Understanding Dementia</li> </ul>   |  |  |  |  |
| A USI must be provided on the registration form prior to commencing the modules.  |  |  |  |  |
| Staff have six weeks to complete the modules listed above. These are to be given to their manager on completion. They will be marked by qualified staff members and the module returned.  |  |  |  |  |
| Employees Signature Managers Signature  |  |  |  |  |
|   |  |  |  |  |
| THE FOLLOWING TO BE COMPLETED ONLY ONCE ALL RELEVANT SECTIONS COMPLETED:  |  |  |  |  |
| I, confirm that the above orientation workbook has been completed and I am familiar will all aspec referred to herein. I am aware of my responsibilities as an employee of the Alzheimer's Association Queensland and I hereby undertake to comply with expressed conditions to the best of my ability. |  |  |  |  |
| Employees Signature:  |  |  |  |  |
| Director of Care:   |  |  |  |  |
| Date/   |  |  |  |  |

| employment. |  |  |
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