Group Session Timetable

Garden City

Monday	Tuesday	Wednesday	Thursday	Friday
EngAGE (Level		EngAGE (Level		
One)		Two)		
10:30am		9:30am		
Venessa		Jack		
	CST 9:30am Madison		PD Warrior 11am Jack	EngAGE (Level Two) 10:30am Felicity
		Small Group	Balance and	
		Music Therapy	Bend	
		1:30pm	1:30pm	
		Jing	Hannah	

Upcoming group blocks commencement dates (week beginning)					
EngAGE Level 1	June 3 rd 2024	September 9 th	December 16 th	March 31st 2025	
and 2		2024	2024		
CST	June 17 th 2024	October 14 th 2024	January 13 th 2025	April 7 th 2025	
Small Group Music	June 17 th 2024	September 9th 2024	December 2 nd 2024	March 10 th 2025	
PD Warrior	June 3 rd 2024	September 9 th 2024	December 16 th 2024	March 31 st 2025	
Balance and Bend	June 3 rd 2024	September 9 th 2024	December 16 th 2024	March 31 st 2025	

Gordon Park

Monday	Tuesday	Wednesday	Thursday	Friday
	PD Warrior 10:30am Jack	EngAGE (Level Two)** At GC 10:30am Jack	CST 9:30am Madison	EngAGE (Level One) 10am Jack
Small Group Music Therapy 2 pm Jing	Balance and Bend 2 pm Hannah		Small Group Music Therapy 2 pm Jing	

Upcoming group blocks commencement dates (week beginning)					
EngAGE Level 1	June 3 rd 2024	September 9 th	December 16 th	March 31 st 2025	
and 2		2024	2024		
CST	June 17 th 2024	October 14 th 2024	January 13 th 2025	April 7 th 2025	
Small Group Music	June 17 th 2024	September 9th 2024	December 2 nd 2024	March 10 th 2025	
PD Warrior	June 3 rd 2024	September 9 th 2024	December 16 th 2024	March 31 st 2025	
Balance and Bend	June 3 rd 2024	September 9 th 2024	December 16 th 2024	March 31 st 2025	

Ipswich

Monday	Tuesday	Wednesday	Thursday	Friday
			CST 9:30am Molly	
Hydrotherapy		EngAGE (Level	Small Group	Balance and
12noon		One)	Music Therapy	Bend
Grace		TBC	10:30am	11am
(JustPools)		Grace	Jing	Hannah

Upcoming group blocks commencement dates (week beginning)					
EngAGE Level 1	June 3 rd 2024	September 9 th	December 16 th	March 31 st 2025	
		2024	2024		
CST	July 1 st 2024	October 14 th	January 13 th	April 7 th 2025	
		2024	2025		
Small Group	May 20 th 2024	August 12 th 2024	November 4 th	March 10 th	
Music			2024	2025	
Hydrotherapy	Ongoing with additional timeslots available				
Balance and	June 3 rd 2024	September 9 th	December 16 th	March 31 st 2025	
Bend		2024	2024		

South Coast

Monday	Tuesday	Wednesday	Thursday	Friday
	CST 9:30am Sarah			
				Small Group Music Therapy 2pm Jing

Upcoming group blocks commencement dates (week beginning)					
CST	July 1 st 2024	October 14 th 2024	January 13 th 2025	April 7 th 2025	
Small Group Music	July 1 st 2024	September 23 rd 2024	November 25 th 2024	January 6 th 2025	