

WOUND ASSESSMENT AND MANAGEMENT PLAN

Resident Name:

Date of Birth:

Diagnosis:

Allergies:

- Reason for assessment:
- | | | |
|--|--|---|
| <input type="checkbox"/> New assessment of acute wound | <input type="checkbox"/> New assessment of chronic wound | <input type="checkbox"/> Reassessment of existing acute wound |
| <input type="checkbox"/> Reassessment of existing chronic wound | <input type="checkbox"/> New resident with an existing wound | <input type="checkbox"/> New assessment of a pressure injury |
| <input type="checkbox"/> Reassessment of an existing pressure injury | <input type="checkbox"/> New resident with an existing pressure injury | |
| <input type="checkbox"/> Other | | |

History

Identify any underlying causes or contributing factors that may impact on wound healing: *(this may include age, obesity, poor nutrition, disease, lifestyle, medication, mobility etc.)*

- Does the resident have any of the following risk factors:
- | | | |
|--|---|---|
| <input type="checkbox"/> Perfusion and/or oxygenation requirements | <input type="checkbox"/> Poor nutritional status | <input type="checkbox"/> Increased skin moisture |
| <input type="checkbox"/> Increased body temperature | <input type="checkbox"/> Poor sensory perception | <input type="checkbox"/> Requires haematological measures |
| <input type="checkbox"/> Poor general health status | <input type="checkbox"/> Existing pressure injury | |
| <input type="checkbox"/> Other | | |

If the resident has any of the above risk factors, please indicate the relevant measures being taken to address these:

History of wounds (Include location and rate of healing):

Local wound assessment

Date of initial wound assessment:

Has a completed skin assessment/reassessment been completed as part of the wound review? Yes

Which method was used to assess if skin is blanchable or non-blanchable? Finger pressure method Transparent disk method

Please note any relevant indications based on skin temperature, oedema, and changes in tissue consistency:

Systemic: Medical (*poor circulation, poor oxygenation, metabolic or auto immune*) Surgical/iatrogenic (*e.g., alteration to lymph system, previous scar tissue or gait changes*) Nutrition (*e.g., not eating well, malnutrition, obesity*) Social (*e.g., not mobile, poor environmental controls, smoking*)

Medications (*e.g., corticosteroids, anti-inflammatories, anticoagulants*) Allergies Other

Regional: Oedema Pulses Atrophy, no hair, thin shiny skin Hemosiderin staining, varicose veins, ankle flair

Dry cracked skin Charcot deformity Contractures

Other

Location of wound:

Duration of wound:			
Size of wound (length x width x depth):			
Wound type:	<input type="checkbox"/> Pressure injury wound <input type="checkbox"/> Poor sensory perception <input type="checkbox"/> Other	<input type="checkbox"/> Surgical wound <input type="checkbox"/> Requires haematological measures	<input type="checkbox"/> Vascular/vasculitic wound <input type="checkbox"/> Poor general health status
Stage of wound classification:	<input type="checkbox"/> Stage 1 <i>(Intact skin with non-blanchable redness of a localised area usually over a bony prominence)</i> <input type="checkbox"/> Stage 4 <i>(Full thickness tissue loss in which the base of the pressure injury is covered by slough (yellow, tan, grey, green, or brown) and/or eschar (tan, brown or black) in the pressure injury bed)</i>	<input type="checkbox"/> Stage 2 <i>(Partial thickness loss of dermis presents as a shallow, open wound with a red-pink wound bed, without slough)</i> <input type="checkbox"/> Unstageable <i>(Obscured full-thickness skin and tissue loss in which the extent of loss cannot be confirmed due to obscuring from slough or eschar.)</i>	<input type="checkbox"/> Stage 3 <i>(Full thickness tissue loss. Subcutaneous fat may be visible, but bone, tendon or muscle are not exposed. Slough may be present but does not obscure the depth of tissue loss. May include undermining and tunnelling.)</i> <input type="checkbox"/> Suspected deep tissue injury <i>(Persistent non-blanchable deep red, maroon, or purple discoloration. Intact or non-intact skin with localised area of discoloration or epidermal separation revealing a dark wound bed or blood filled blister.)</i>
	<input type="checkbox"/> STAR skin tear category 1a <i>(A skin tear where the edges can be realigned to the normal anatomical position (without undue stretching) and the skin or flap colour is not pale, dusky, or darkened)</i>	<input type="checkbox"/> STAR skin tear category 1b <i>(A skin tear where the edges can be realigned to the normal anatomical position (without undue stretching) and the skin or flap colour is pale, dusky, or darkened)</i>	<input type="checkbox"/> STAR skin tear category 2a <i>(A skin tear where the edges cannot be realigned to the normal anatomical position and the skin or flap colour is not pale, dusky, or darkened)</i>
	<input type="checkbox"/> STAR skin tear category 2b <i>(A skin tear where the edges cannot be realigned to the normal anatomical position and the skin or flap colour is pale, dusky, or darkened)</i>	<input type="checkbox"/> STAR skin tear category 3 <i>(A skin tear where the skin flap is completely absent)</i>	<input type="checkbox"/> Other

Colour of wound:	<input type="checkbox"/> The wound is black	<input type="checkbox"/> The wound is brown	<input type="checkbox"/> The wound is yellow	<input type="checkbox"/> The wound is red
	<input type="checkbox"/> The wound is maroon	<input type="checkbox"/> The wound is purple	<input type="checkbox"/> The wound is pink	<input type="checkbox"/> The wound is green
	<input type="checkbox"/> Other			
Exudate – type:	<input type="checkbox"/> The wound exudate is clear	<input type="checkbox"/> The wound exudate is serous	<input type="checkbox"/> The wound exudate is haemoserous	
	<input type="checkbox"/> The wound exudate is sanguineous	<input type="checkbox"/> The wound exudate is purulent	<input type="checkbox"/> The wound exudate is seropurulent	
	<input type="checkbox"/> The wound exudate is malodorous	<input type="checkbox"/> Other		
Exudate – amount:	<input type="checkbox"/> The wound has no exudate	<input type="checkbox"/> The wound has a small amount of exudate	<input type="checkbox"/> The wound has a medium amount of exudate	
	<input type="checkbox"/> The wound has a heavy amount of exudate			
Wound odour:				
Wound edge appearance:	<input type="checkbox"/> The wound edges are level	<input type="checkbox"/> The wound edges are raised	<input type="checkbox"/> The wound edges are rolled	
	<input type="checkbox"/> The wound edges are undermined	<input type="checkbox"/> The wound edges are calloused	<input type="checkbox"/> The wound edges are sloping	
	<input type="checkbox"/> The wound edges are punched out	<input type="checkbox"/> The wound edges are purple		
	<input type="checkbox"/> Other			
Peri-wound and surrounding skin characteristics:	<input type="checkbox"/> The surrounding skin is healthy	<input type="checkbox"/> The surrounding skin displays signs of induration/inflammation which may be accompanied by localised heat	<input type="checkbox"/> The surrounding skin is macerated	<input type="checkbox"/> The surrounding skin is dry (e.g., shows signs of desiccation)
	<input type="checkbox"/> The surrounding skin is fragile and/or friable	<input type="checkbox"/> The surrounding skin is oedematous	<input type="checkbox"/> The surrounding skin displays signs of crusting and/or scabbing	<input type="checkbox"/> The surrounding skin is intact/damaged, bruised
	<input type="checkbox"/> The surrounding skin displays signs of dermatitis/eczema	<input type="checkbox"/> The surrounding skin is calloused	<input type="checkbox"/> The surrounding skin shows signs of hyperkeratosis	<input type="checkbox"/> The surrounding skin shows signs of pigmentation
	<input type="checkbox"/> The surrounding skin displays signs of an allergic reaction (e.g., hives)	<input type="checkbox"/> The surrounding skin shows signs of erythema	<input type="checkbox"/> The surrounding skin is excoriated	
	<input type="checkbox"/> Other:			

Presence of pain:			
Signs and/or symptoms of inflammation/infection:			
Please indicate relevant microbiology tests performed:	<input type="checkbox"/> Wound swab for semi-quantitative and quantitative organisms <input type="checkbox"/> Other	<input type="checkbox"/> Needle aspiration for quantitative organisms	<input type="checkbox"/> Wound/bone biopsy for quantitative organisms
Histopathology carried out: <input type="checkbox"/> Yes			
Wound microbiology (e.g., swab date/result/sensitivities):			
Please select any nutritional screening tools used:	<input type="checkbox"/> Use of screening and assessment tool that are reliable and valid and appropriate to the individual (e.g., MNA) <input type="checkbox"/> Hair and skin changes <input type="checkbox"/> Other	<input type="checkbox"/> Assessment of the quantity, quality and nutritional content of food and fluid intake <input type="checkbox"/> Ability to eat, including any assistance or diet requirements (e.g., thickened fluids or pureed food)	<input type="checkbox"/> Assessment of weight status, including weight history (e.g., weight loss >5% in 30 days or >10% in 180 days) <input type="checkbox"/> Additional specific biochemical tests (e.g., albumin, transferrin, zinc, or vitamins)
Are there any behaviours that may impact wound healing?			

Please not any relevant results from the above tests that have been completed

Wound Management

Moisture content of wound:
(describe ongoing levels of wound moisture and potential dressings)

Wound cleansing:

Wound emollient/barrier:
(wound emollient barrier type to be used and how/why applied)

Primary dressing: *(include dressing type/method)*

Secondary dressing:

Frequency of dressing change:	
Frequency of dressing check:	
<p>Is regular repositioning required? <i>(if regular repositioning is required, please not frequency and give consideration to tissue tolerances, level of activity and mobility, general medical condition, skin condition, comfort, and overall treatment conditions)</i></p>	
<p>Pressure relief/reduction device: <i>(specify device in place e.g., specific fabrics and textiles used to prevent shear and friction, electrical stimulation of muscles)</i></p>	
Phase of Wound Healing - Repair Stage:	<input type="checkbox"/> Haemostasis <input type="checkbox"/> Inflammation <input type="checkbox"/> Proliferation <input type="checkbox"/> Reconstruction <input type="checkbox"/> Maturation/Remodelling <input type="checkbox"/> Destruction <input type="checkbox"/> Other
Wound evaluation:	

Wound Charts: <input type="checkbox"/> Refer to wound chart/s for active locations and treatments required
Additional Considerations
Is a case conference with family/EPOA required to discuss wound management? <input type="checkbox"/> Yes
Are there referrals required? <input type="checkbox"/> GP <input type="checkbox"/> Wound Specialist <input type="checkbox"/> Dietician <input type="checkbox"/> Speech Pathologist <input type="checkbox"/> Occupational Therapist <input type="checkbox"/> Physiotherapist <input type="checkbox"/> Other
Does the resident have any preferences or choices around wound care and management?
Are there any risks associated with the resident meeting their preferences and choices around wound care and management?
What are the strategies in place to accept, minimize or mitigate the risk with the resident meeting their preferences and choices around wound care and management?
Goals for wound management
Name of person completing the form:
Designation:
Date and time assessment completed:
Date uploaded to Clinical Manager: