

Carer Support and Education Group

Our Carer Support and Education Group sessions are held fortnightly.

Our aim is to share relevant resources and information relating to Dementia and Alzheimer's disease in a safe and supportive environment.

Morning tea will be provided at each session and attendees will have the opportunity to gain support from those with similar experiences.



Alzheimer's Queensland Carer Support Groups provide:

- Professional Dementia Education
- Dementia Behaviour Management Advice
- Wellness Sessions
- Industry Information
- Strategies for Care
- Support Groups

Our Carer Support Groups operate in the following regions:

- Brisbane North
- Brisbane South
- Gold Coast
- Ipswich
- Toowoomba





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 Dementia Help Line:
 1800 639 331

 Education Enquiries:
 1800 180 023

 Service Enquiries:
 1800 639 331

E: enquiries@alzqld.org.au **www.alzheimersonline.org**