

# AQ Garden City Multi Service Centre

Promoting a better quality of life for Older Australians in the community through tailored services that support their psychological, emotional and physical wellbeing.

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24 hours, 7 days a week

A Registered Aged Care Provider



The AQ Garden City Multi Service Centre operates from 2 cottage-style homes located in Upper Mount Gravatt. The most vital services through the centre are 24-hour respite, social support and community engagement.

Our homes are suitable for all Older Australians impacted by aging related health conditions, including people with a diagnosis of dementia. Our program comprises of reablement and support services that help clients remain at home longer.

### Respite

Respite is one of AQ's core services that helps maintain care relationships between older people and their carers. We offer a range of respite options to choose from. These include clients spending the day, night, or a few days at our centre. We also provide in-home respite for clients so that they can have a companion in the comfort of their own home for short periods of time.

# Social Support and Community Engagement

Our centre is an excellent choice for clients looking for opportunities to connect with others and enjoy participation in the wider community. Clients have the flexibility of enjoying social opportunities at our centre or participate in meaningful small group outings, community functions, local clubs, all tailored to the interest of each individual.

Social Support can also be accessed for personal tasks such as accompanied grocery shopping.

#### **Allied Health**

Clients looking for allied health and wellness services can access them through AQ Health. One-on-one and group services are available at our clinic within the AQ Garden City precinct. Home visits are an option for those unable to attend the clinic. Services include physiotherapy, occupational therapy, podiatry, music therapy, exercise physiology and more.

#### **Advisory Services**

Clients in the region can access Specialised Support Services such as Dementia Advisory Service and Continence Advisory Service.

#### **Personal Care**

AQ clients can access personal care supports such as medication reminders, toileting, showering and dressing by linking with our centre and AQ @ Home. In most cases these services are delivered in a client's home.

#### **Domestic Assistance**

General house cleaning is a service available under domestic assistance. This service can enhance safety in your home and help you to continue living at home longer.

#### **Additional AQ Services**

AQ can also offer you additional supports such as transport, light gardening, and clinical nursing. Transport services can be useful when you need help to attend appointments or access the wider community, especially if loved ones are unavailable to assist.

Light gardening is another service we can arrange and includes services such as lawn mowing and garden pruning.

Clinical nursing such as wound care, falls management, continence management and pain management are examples of community nursing services clients can access through AQ. These services are aimed at maintaining your health, wellness and dignity.

Whilst, AQ offer a wide range of home support services, we understand you and your loved one's needs may change over time. Please contact us on 07 3349 0875 to discuss options.

#### **Fees**

AQ services can be accessed through various funding arrangements. Most clients access our centre services through the Commonwealth Home Support Program (CHSP) and Support at Home (SaH). Clients may also access our services through other avenues such as private pay and brokerage.

As per Government guidelines most CHSP services incur a client contribution. For SaH clients, your fee contribution is established by Services Australia.

N.B. Not all service types are available through CHSP funding in this region. Some are only available through SaH, brokerage or privately. Please contact us to find out more details.

## **Need Help with Referrals?**

Our Client Advisors are here to assist you

- Available Mondayto Saturday
- Speak to real people not bots
- Get answers and support in real time

Call us now on 07 3349 0875 and experience the difference of speaking to someone who cares!

We can guide you through the My Aged Care assessment process as well.



#### **Contact Us**

50 Khandalla Street, Upper Mount Gravatt QLD 4122 07 3349 0875 kcrc@alzqld.org.au or clientservices@alzqld.org.au