AQ@HOME

Stay capable, safe and connected at home - with support you can trust.

Flexible, personalised home care services to support you or your loved one.

- Available 7 days a week
- Tailored support at home
- Allied Health
- Clinical Care



Our Services

We offer a wide range of services to support your everyday needs:

Personal Support

- Showering, dressing, grooming
- Toileting assistance
- Medication reminders

Domestic Assistance

- General house cleaning
- Help with shopping and errands
- Meal preparation and assistance

Home & Safety Support

- Home modifications (e.g. rails, ramps)
- Maintenance and minor repairs
- Assistive technology for safety and mobility

Allied Health & Wellness

Access professional services tailored to your needs:

- Physiotherapy
- Occupational therapy
- Exercise physiology
- Music therapy
- Podiatry

Programs are designed to improve mobility, independence, and quality of life.



Clinical & Nursing Support

Additional care to support your health at home:

- Wound care
- Continence support
- Medication management

Delivered by trained professionals to keep you safe and well.

Social Support & Community Connection

Stay engaged and connected with the world around you:

- Social outings and community activities
- Transport to appointments and events
- Companionship and regular check-ins

Helping you maintain independence and avoid isolation.

Respite Care

Flexible respite options to support carers and families:

- In-home respite
- Centre-based respite
- Day, overnight, or short-term stays

Providing time to rest while ensuring your loved one is well cared for.

Transport Services

Safe and reliable transport for:

- Medical appointments
- Shopping and errands
- Social outings

Carer Support & Education

We support carers as well as clients through:

- Information sessions and resources
- Support groups (including phone-based)

Referrals

We accept:

Direct enquiries from participants already approved by My Aged Care

Through My Aged Care

Our team can also guide you through the My Aged Care referral process.

Fees & Access

Services can be accessed through:

Support at Home (SaH) Program

Commonwealth Home Support Program (CHSP)

Private arrangements

Fees may apply depending on your funding and circumstances.

We can help you understand your options and get started.

Contact Us

1800 272 846

aqhome@alzqld.org.au

aqhome.org.au

Speak with our friendly team today to find the right support for you or your loved one.